HCO BULLETIN OF DECEMBER 15, 1960
PRESESSION 37

A presession is run without a model session/

Presession 1 and 37 are the only presessions now in regular use.

Presession 37 is a method of getting off witholds. This problem is the primary case problem. Presession 37 resolves it. This presession is now the proper way to run "What question shouldn't I ask you"?

The auditor runs "What question should't I ask you?" for a few times. Then the auditor runs "Think of something you've done." "Think of something you have witheld." Alternated for a short time (maximun five minutes).

Then the auditor runs "What question...?" a few more times.

If the pc develops an evasion system sucb as "you shouldn't ask if I have murdered anybody." The auditor asks it. The pc says "No, I never have" etc. Then the auditor must reword "What question...?" to "What question would embarrass you." or "What would you hate to have the police or your husband or whatever find out about you" Vary "What question" so that you get off the witholds.

Always run Presession 37 until you have a no-response to question needle with E-Meter sensitivity at 16.

The O/W on this is to keep up the havingness.

FORMULA 16

A formula is always run in Model Session early in the case or to get it moving again.

Formula 16 is as follows:

Failed help is run with:

> "Whom have you intended not to help?"
>
> "Whom have you helped?"

This is run for about 10 minutes, then the following is run for about twenty commands or so:

Assess P.T. terminals. Take first one that falls. Assess every time. Run:

"What unkind thought have you had about (terminal)?"

Then switch back to the above failed help version.

This is for cases that don't respond well on ordinary O/W.

FORMULA 17

Help is run as two-way failed help on an assessed terminal which has to do with a healing profession or religious or mystic person.

Then "What unkind thought have you witheld from a person?" is run for havingness.

This is for the person who has been to healers, hypnotists, spiritualists, psychologists, ministers, religious family members, psycho analysts, etc.,etc. This also works on doctors, psychologists, etc.

One makes the assessment list from general terminals and specific persons connected with pcs past. One assesses each time from list and takes the first one that drops. The drop is barely run off before switching to the thougth O/W on "a person".

Two-way failed help is run as follows:

"How could you fail to help a.....?"

"How could a.....fail to help you?"

> Positive failed help:
>
> "How could you help a.....?"
>
> "How could a.....help you?"   should also be run if indicated.   (If pc insists

they helped).

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